



Sample 10-Day Therapy Trip Schedule

Day 1

- Flight to Guatemala City
- 3-4 Hour Bus Ride to HIM House/Hotel
(Stop Outside Guatemala City for
Snack/Bathroom Break)
- Dinner

Day 2

- Wake Up
- Breakfast
- Orientation Meeting
- Prepare Rice Milk and Sandwiches for
Those Living in and Around the Garbage
Dump
- Hand Out Sandwiches and Rice Milk
- Head to clinic (mobile or established)
- Lunch on the Road
- Dinner at House/Hotel

Day 3-6

- Wake Up
- Breakfast
- Head to clinic (mobile or established)
- Lunch at Worksite
- Head Back to House/Hotel
- Dinner at House/Hotel

Day 7

- Wake Up
- Breakfast
- Head to clinic (mobile or
established)
- Dinner at House/Hotel

Day 8

- Wake Up
- Pack Up Vehicles
- 3-4 Hour Bus Ride to Hotel
(Stop for Snack/Bathroom Break)
- Settle Into Hotel
- Spend Day in Antigua Sightseeing
- Meet for Dinner at Hotel and Walk
to Restaurant
- Dinner Together as a Group

Day 9

- Spend Day in Antigua Sightseeing
- Meet for Dinner at Hotel and Walk
to Restaurant
- Dinner Together as a Group

Day 10

- Fly Home

We will work directly with your group to develop a schedule that works to best fit the needs of your group.